**FREE November Deals**

13oz Sandwich Cookies
10.5oz Berry Apple Pies
12oz Snickers Bite Size Bars

**Traveler’s Luncheon**

2lbs Whiting Fillets
24oz. Breaded Shrimp
1lb Tilapia Filets
1lb Cooked Shrimp
2lbs Fish Patties
2lbs Battered Haddock

**Mixed Cheese**

Swiss Rolls
Nuttery Buddy's
Cosmic Brownies
Oatmeal Pies
Zebra Cakes

**EBT Cards Accepted**

**Free Delivery Available**

Visit us on the web @ bameats.com

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**Holiday Turkey items Available**

Whole Turkeys
Whole Turkey Breasts
Smoked Turkey Drums
Smoked Turkey Wings
Smoked Turkey Tails

Please call for pricing and availability

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breast</td>
<td>$2.99/4oz</td>
</tr>
<tr>
<td>Ham</td>
<td>$2.49/16oz</td>
</tr>
<tr>
<td>Turkey Breast</td>
<td>$2.49/12oz</td>
</tr>
<tr>
<td>Turkey Drum</td>
<td>$2.49/12oz</td>
</tr>
<tr>
<td>Turkey Wing</td>
<td>$2.49/12oz</td>
</tr>
<tr>
<td>Turkey Tail</td>
<td>$2.49/12oz</td>
</tr>
<tr>
<td>Apple Sauce</td>
<td>$2.49/25oz</td>
</tr>
<tr>
<td>Vegetable Oil</td>
<td>$2.89/32oz</td>
</tr>
<tr>
<td>Franks Red Hot Sauce</td>
<td>$3.99/23oz</td>
</tr>
<tr>
<td>Anchor Bar Wing Sauce</td>
<td>$3.49/12oz</td>
</tr>
<tr>
<td>Gondola Products</td>
<td>$8.49/19oz</td>
</tr>
<tr>
<td>Stuffed Shells</td>
<td>$2.49/9oz</td>
</tr>
<tr>
<td>Spinach Ravioli</td>
<td>$2.49/9oz</td>
</tr>
<tr>
<td>Babca's Pierogis</td>
<td>$8.00/10oz</td>
</tr>
</tbody>
</table>

**Our Homemade Stuffing**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stuffing</td>
<td>$1.99/1lb</td>
</tr>
<tr>
<td>Spinach &amp; Feta</td>
<td>$2.99/2lb</td>
</tr>
</tbody>
</table>

**Chicken Tenderloins**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>3lb</td>
<td>.99</td>
</tr>
</tbody>
</table>

**Cleaned Chitterlings**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>5# Fingers</td>
<td>$39.99</td>
</tr>
<tr>
<td>5# IQF Wings</td>
<td>$39.99</td>
</tr>
<tr>
<td>12ct Pizza Logs</td>
<td>$39.99</td>
</tr>
</tbody>
</table>

---

**Seafood Pack**

2lbs Whiting Fillets
24oz. Breaded Shrimp
1lb Tilapia Filets
1lb Cooked Shrimp
2lbs Fish Patties
2lbs Battered Haddock
1lb Ocean Perch

Only $59.00

---

**Lettuce**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lettuce</td>
<td>$1.99</td>
</tr>
<tr>
<td>Spanish Onions</td>
<td>$1.99</td>
</tr>
</tbody>
</table>

**Onions**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Onions</td>
<td>$1.99</td>
</tr>
<tr>
<td>Red Onions</td>
<td>$1.99</td>
</tr>
</tbody>
</table>

**Mushrooms**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mushrooms</td>
<td>$1.99</td>
</tr>
</tbody>
</table>

**Carrots**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carrots</td>
<td>$1.99</td>
</tr>
<tr>
<td>Oranges</td>
<td>$1.99</td>
</tr>
</tbody>
</table>

**Grapes**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Green Peppers</td>
<td>$1.99</td>
</tr>
<tr>
<td>Seedless Grapes</td>
<td>$1.99</td>
</tr>
</tbody>
</table>

---

**Our Homemade Stuffing**

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---

**Russer Honey Ham**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>.99/2lb</td>
<td>$1.99</td>
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</tbody>
</table>

**Leafy Vegetables**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lettuce</td>
<td>$1.99</td>
</tr>
<tr>
<td>Spanish Lettuce</td>
<td>$1.99</td>
</tr>
</tbody>
</table>

**Romaine**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Romaine</td>
<td>$1.99</td>
</tr>
<tr>
<td>Tomatoes</td>
<td>$1.99</td>
</tr>
</tbody>
</table>

**Assorted Spices**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assorted Spices</td>
<td>$1.99/each</td>
</tr>
<tr>
<td>Kosher Dill Pickles</td>
<td>$1.99/15oz</td>
</tr>
<tr>
<td>Fruit Cocktail</td>
<td>$1.99/15oz</td>
</tr>
<tr>
<td>Chunk Pineapple</td>
<td>$1.99/20oz</td>
</tr>
<tr>
<td>Frozen Blueberries</td>
<td>$2.99/12oz</td>
</tr>
<tr>
<td>Frozen Strawberries</td>
<td>$2.99/12oz</td>
</tr>
</tbody>
</table>

---

**Provolone Cheese**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/2lb</td>
<td>$1.99</td>
</tr>
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</table>

**Cheese**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pepper Cheese</td>
<td>$2.49/12lb</td>
</tr>
<tr>
<td>Provolone</td>
<td>$1.99/12lb</td>
</tr>
</tbody>
</table>

---

**Hard Salami**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/2lb</td>
<td>$2.49</td>
</tr>
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</table>

---

**Chicken Sausage**

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>.99/2lb</td>
<td>$2.99</td>
</tr>
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---

**Meats & Seafood**

2519 Niagara Falls Boulevard
Amherst, NY 14228 (691-4554)

---

**Thanksgiving Specials**

Free Delivery Available
Visit us on the web @ bameats.com

---

**Fresh Produce**

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<td>$1.99</td>
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</table>
## Breakfast Special
- 2 lbs Sliced Slab Bacon
- 3 Dozen Eggs
- 6ct French Toast Sticks
- 10ct Hash Brown Patties
- 1pkg Waffles

## After School Special
- 2 lbs Tater Tots
- 2lbs Battered Mushrooms
- 6ct Hot Pockets (pizza)
- 1qt Chicken Broccoli & Cheese
- 2ct Chicken Cordon Bleu
- 2ct Beef & Bean Burrito

## Produce Pack
- 1 Bunch Celery
- 2 Heads California Lettuce
- 4 lbs Fresh Carrots
- 4 lbs Cooking Onions
- 10 lbs White Potatoes

## Poultry Pack
- 3 lbs Boneless Chicken Cutlets
- 2 lbs Chicken Sausage
- 2 lbs Split Breast
- 2 lbs Marinated Chicken Breast
- 2 lbs Ground Chicken
- 2 lbs Chicken Thighs
- 5 lbs Chicken Drumsticks
- 3 lbs Cut Up Chicken

## Lunch Special
- 10 lbs White Potatoes
- 4 lbs Cooking Onions
- 4 lbs Fresh Carrots
- 4ct Tomatoes
- 2 Heads California Lettuce
- 1 Bunch Celery

## Butcher Shop Special
- 2ct 20oz Pizza Dough
- 2ct 15oz Pizza Sauce
- 2ct Boneless Breast
- 1/2lb Smoked Pepperoni

## Family Pack
- 2 lbs New York Strip Steaks
- 2 lbs Boneless Breast
- 2 lbs Italian Sausage Patties
- 5 lbs Chicken Nuggets
- 5 lbs Leek Ground Beef
- 5 lbs Chicken Drumsticks
- 3 lbs Center Cut Pork Chops
- 2 lbs Italian Sausage Links
- 2 lbs Boneless Chops
- 3 lbs Country Style Ribs
- 3 lbs Chicken Wings
- 3 lbs Chicken Thighs
- 3 lbs Pork Steak
- 2 lbs Sirloin Steaks
- 3 lbs Italian Sausage Links
- 3 lbs Boneless Breast
- 3 lbs Ground Beef Patties
- 5 lbs Beef Sausages
- 5 lbs French Fries
- 4 lbs Slab Spare Ribs
- 5 lbs Chicken Fingers
- 10 lbs White Potatoes

## Free Daily Delivery to Your Home
WE ACCEPT BENEFIT CARDS ON DELIVERIES!

## Mom’s Meal Maker
- 5 lbs Ground Beef
- 2 lbs Boneless Breast
- 3 lbs Marinated Chicken Breast
- 5 lbs Pork Steak
- 2 lbs Cube Steak
- 5 lbs Chicken Drumsticks
- 3 lbs Sirloin Steak
- 2 lbs Breakfast Sausage Patties
- 4 lbs Italian Sausage
- 3 lbs Country Style Ribs
- 5 lbs French fries
- 3 lbs Ground Beef Patties
- 10 lbs White Potatoes

## Basic Pack
- 2 lbs Boneless Chicken Breast
- 2 lbs Country Style Ribs
- 2 lbs Pepper Steak
- 3 lbs Lean Ground Beef
- 3 lbs Split Chicken Breast
- 3 lbs Chicken Thighs
- 2 lbs Center Cut Pork Chops
- 5 lbs French Fries

## Fall Freezer Filler
- 2 lbs New York Strip Steak
- 2 lbs Boneless Breast
- 2 lbs Center Cut Pork Chops
- 2 lbs Italian Sausage Links
- 2 lbs Sirloin Steak
- 3 lbs Chicken Thighs
- 2 lbs Stew Beef
- 3 lbs Lean Ground Beef
- 2 lbs Smoked Pork Chops
- 2 lbs Smoked Cheddar Links
- 2 lbs Country Style Ribs
- 3 lbs Sliced Himalayan Steak

## Vegetable Pack
- 2 lbs Ground Beef
- 2 lbs Italian Sausage Links
- 2 lbs Turkey
- 1/2 lb Hard Salami
- 1/2 lbs Premium Beef Sub Oil

## Steak Sub Pack
- 26ct Costanza Rolls
- 2 lbs Minute Steaks
- 12ct Soft Taco Shells
- 1ct Taco Seasoning
- 8oz Sour Cream
- 8oz Shredded Mexican Cheese

## Cold Sub Pack
- 2ct 20oz Pizza Dough
- 2ct 15oz Pizza Sauce
- 2ct Boneless Breast
- 1/2lb Smoked Pepperoni

## Snack Items
- Steak Fries
- Pizza Logs
- Hot Pockets
- Chicken Fingers
- Mini Pizzas
- Battered Mushrooms
- Fresh Fried Curries
- Seasoned Curries
- Sweet Potato Fries
- Tater Tots
- Onion Rings
- Beef & Bean Burritos
- Corn Dogs
- Pot Pies
- Chicken Cordon Bleu
- Chicken Broccoli & Cheese

## Due To Market Conditions All Prices
Subject To Change Without Notice Or Notification

## Our staff will help you create your custom package from the items below

### BEEF
- Delmonico Steak
- New York Strip Steak
- Sirloin Steak
- Chuck Steak
- Filet of Sirloin
- T-Bone Steak
- Porterhouse Steak
- Cube Steak
- Family Steak
- Minute Steak
- Chuck Roast
- Rump Roast
- Top Round Roast
- Beef Ribs
- Stew Beef
- Short Ribs
- Pepper Steak
- Oxtails
- Ground Beef
- Beef Sausage
- Ground Beef Patty

### CHICKEN
- Boneless Skinless Breast
- Split Chicken Breast
- Whole Legs
- Whole Chicken
- Cut Up Breast
- Chicken Tenderloin
- Whole Wings
- Chicken Wings
- Chicken Drumsticks
- Chicken Thighs
- Stuffed Breast
- Chicken Nuggets
- Chicken Patties
- Ground Chicken
- Chicken Cutlets
- Maple Smoked Chicken
- Marinated Chicken Breast

### PORK
- Pork Chops
- Pork Steak
- Pork Roast
- Stuffed Chops
- Boneless Stuffed Chops
- Italian Sausage
- Smoked Cheddar Links
- Smoked Polish Sausage
- Bacon
- Breakfast Sausage
- Smoked Hocks
- Pigs Feet
- Fresh Neck Bones
- Smoked Neck Bones
- Rind on Bacon
- Slab Spare Ribs
- Baby Back Ribs
- Pork Shoulder
- Ground Pork

### SEAFOOD
- Fish Sticks
- Alaskan King Crab
- Cooked Shrimp
- Breaded Shrimp
- Fish Patties
- Snow Crab Clusters
- Jumbo Sea Scallops
- Haddock Skin On
- Haddock Skinless
- Breaded Haddock
- Jumbo Raw Shrimp
- Ocean perch
- Whiting
- Tilapia
- Salmon
- Battered Haddock
- Atlantic Cod
- Tuna Steaks
- Swordfish Steaks
- Lobster Tails
- Crab Cakes

Store Hours: Tues thru Fri: 10am - 7pm; Sat: 9am - 6pm; Phone orders taken Monday thru Saturday...Call Now. ALL MEATS CUTO FRESH DAILY! ALL meats carry 100% satisfaction guarantee. Double freezer wrapped and frozen in small convenient meal size portions.